

"What Keeps You Mentally Healthy?" Photography Competition

As part of mental health week 2006 the Act-Belong-Commit campaign hosted a photography competition titled "What keeps you mentally healthy?".

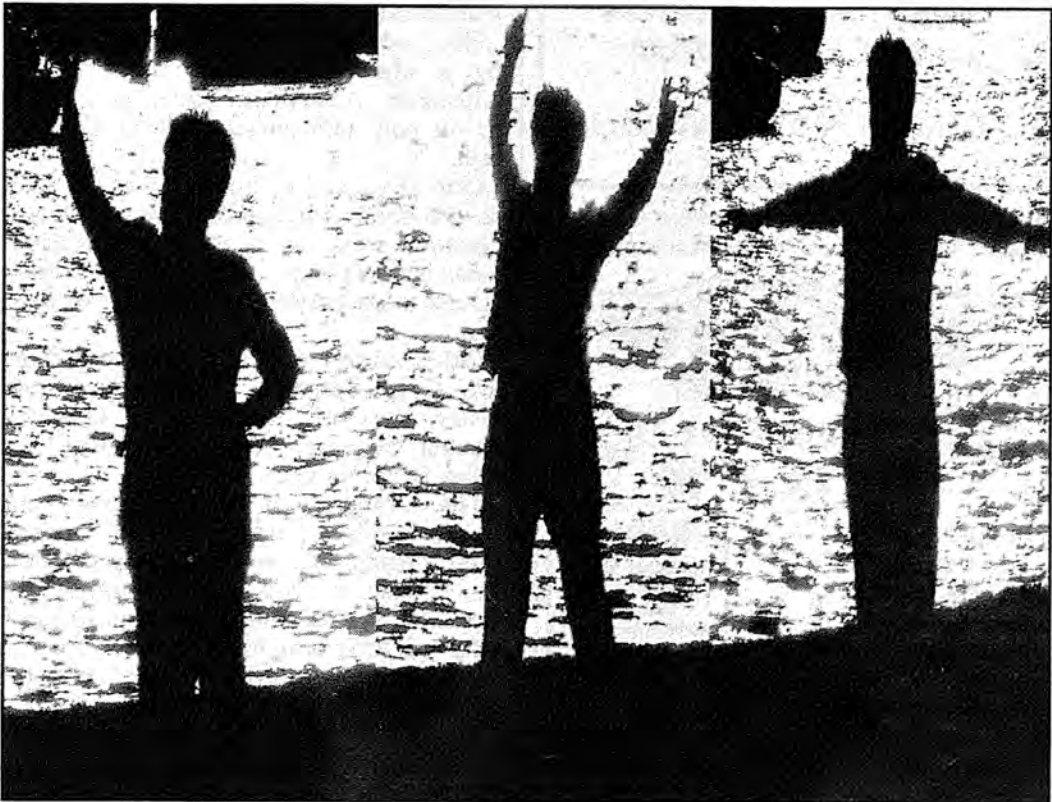
The competition invited Avon residents to capture ways in which to keep mentally healthy. A staggering 45 entries were submitted for the competition.

The winning entry was a photograph submitted by Northam resident David Walpole titled 'Tai Chi by the Sea'. David won a night's accommodation at Sorrento Beach Resort.

Runner up was Stephanie Corcoran of Northam with 'Waiting to Play' and third place went to Tamara Johnson from Toodyay with 'Sunrise to Sunset'.

Stefanie Balt of Northam, took out the first prize in the youth category for her entry titled 'Coming Home'. Stefanie won a fifty-dollar gift voucher kindly donated by Northam Toy world.

The exhibition was displayed at the Northam Boulevard during mental health week and then in the gallery at Avon Valley Arts Society in October.



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