

Foundations for Country Health Service

Foundations for Country Health Services (Foundations) is being developed by the WA Country Health Service as a strategic plan that:

- links country health service developments and clinical planning to the *WA Health Clinical Services Framework 2005-2015* and *Strategic Intent 2005-2010* documents released by WA Health as part of the State's health reform agenda;
- describes implementation to date on the reform agenda originally set out in the *Country Health Services Review, 2003*; and
- describes the highest priority actions for the next 3-5 years.

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Priorities for ongoing reform are:

- implementation of the Regional Network Model - now referred to as Regional Health Networks;
- improving services for Aboriginal people and the elderly, in our emergency care system and in mental health; and
- safe services for patients and continuous improvement in service quality.
- Improving health by building a health focus across the system.

Foundations is now being finalised as a consultation document for consideration by the Minister for Health and Director General of Health, in advance of broader consultation.

Act-Belong-Commit Gets 'Engaged' with Rural WA

The Act-Belong-Commit mental health promotion campaign is fully engaged with 6 rural towns in WA: Albany, Esperance, Geraldton, Kalgoorlie, Karratha and Northam-Toodyay-York.

The purpose of the campaign is to promote the message that to improve mental health, and the health of the community, we need to:

- Be physically, mentally and socially active
- Join up and support clubs and organisations
- Commit to helping others in the area as a coach, tutor, volunteer, etc

The campaign kicked off with World Mental Health day in October 2005 and has now been running for 10 months. Project officers in each of the demonstration towns have formed management committees and developed a range of partnerships to promote activities and events to give local people a chance to act-belong-commit. The photos give a sense of the diversity and joy many of the events foster.

In September the team will implement the 12 month survey which will help assess what has been accomplished in the first year. In the meantime: the campaign teams are getting ready to launch year 2 in October. For more information on the campaign, see the website: www.mentallyhealthywa.org



Multicultural dancers - Karratha



Future Dreaming - Kalgoorlie

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