

ABC Wordfinder - Adult

l	m	a	k	e	t	i	m	e	f	o	r	y	o	u	m	j	l
e	s	t	t	h	r	o	w	a	f	r	i	s	b	e	e	o	f
s	c	h	a	t	w	i	t	h	a	f	r	i	e	n	d	i	a
g	h	y	c	a	r	i	n	g	l	x	p	y	u	f	i	n	m
r	x	v	o	c	h	u	g	a	f	r	i	e	n	d	t	i	i
o	s	o	m	t	e	r	e	a	d	a	b	o	o	k	a	n	l
u	m	i	m	e	n	t	a	l	l	y	h	e	a	l	t	h	y
p	q	u	i	e	t	t	i	m	e	s	b	v	u	x	i	e	w
a	b	n	t	b	e	h	a	p	p	i	n	e	s	s	n	l	a
c	e	t	s	i	r	l	l	t	k	e	w	r	c	c	g	p	l
t	a	e	m	k	t	a	y	r	e	l	a	x	i	n	g	o	k
i	c	e	i	e	a	u	j	z	b	e	l	o	n	g	o	t	t
v	h	r	l	r	i	g	f	l	y	a	k	i	t	e	o	h	h
i	w	i	e	i	n	h	x	l	s	h	a	r	e	f	d	e	e
t	a	n	v	d	i	t	t	y	t	e	n	n	i	s	p	r	d
i	l	g	r	i	n	n	i	n	g	b	e	k	i	n	d	s	o
e	k	e	o	n	g	p	a	r	t	i	c	i	p	a	t	e	g
s	p	p	t	g	p	l	a	y	a	g	a	m	e	f	x	j	e

Act
Be kind
Beach walk
Belong
Bike riding
Caring
Chat with a friend
Commit
Entertaining

Family
Fly a kite
Good
Grinning
Group activities
Happiness
Help others
Hug a friend
Join in

Laugh
Make time for you
Meditating
Mentally healthy
Participate
Play a game
Quiet times
Read a book
Relaxing

Share
Smile
Tennis
Throw a Frisbee
Volunteering
Walk
Walk the dog