

GOVERNOR Stirling Senior High School in Woodbridge is taking the ABC approach to mental health.

The school has signed up as the first WA school to officially partner in the Act-Belong-Commit campaign that encourages people to act to improve their mental health and wellbeing.

The partnership will involve the school promoting the Act-Belong-Commit message when it performs in drama and dance categories at this year's YOH (Youth on Health) Fest, with a theme of 'isolation'.

It has also planned an Act-Belong-Commit day on August 27.

Visual and performing arts head Amanda Morton is co-ordinating the program and said part of the reason for becoming involved related to students and staff having to move on to two campuses next year while Governor Stirling SHS undergoes a \$63 million redevelopment.

She said there was concern among the school community about how the move would affect the school's identity.



John Day and Ken Wyatt with the dance and drama YOH Fest cast and crew, whose performance will promote the Act-Belong-Commit message.

Picture: Matthew Poon

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